add-ons:

**Aromatherapy Foot Soaks $13**
- Lavender: soothing and relaxing
- Rosemary: warming and invigorating
- Sage: nurturing and reviving
- Lemon: energizing and uplifting
- Spruce: harmonizing and warming
- Seaweed Detox: foot soak add-on $5

**Single-use Dr. Hauschka Face Masks $4**
- Cleansing Clay
  - For all skin types / beneficial
  - For oily or blemished skin
  - Deep cleansing, absorbs excess oil and impurities, soothes inflammation, reduces appearance of blemishes.
- Moisturizing
  - For dry, sensitive and mature skin
  - Rich, hydrating, helps repair dry sun-damaged or mature skin.
- Rejuvenating
  - For all skin types
  - Versatile and nurturing. Revitalizes lackluster skin, reduces blemishes, pore size, softens skin, calms irritation, reduces redness.
- Firming
  - For all skin types / beneficial to mature skin
  - Intensive firming treatment, minimizes fine lines, restores elasticity, strengthens collagen.
- Soothing
  - For sensitive skin
  - Calms and balances red and irritated skin. Quince seed extract and witch hazel help restore moisture balance.

**Body Salts $3**
- For use in the hot shower area only
- Lemon & Spruce
- Rosemary & Mint
- Spruce & Birch
- Lavender & Bergamot

**Packages**
- The Clean & Simple $10
  - Single-use face mask, cleansing tea, and body salts.
- The Head to Toe Package $21
  - Aromatherapy foot soak, single-use face mask, tea and body salts.
- The 3 Friends Package $39 each
  - Includes sauna visit for up to 2 hours + The Head to Toe Package.

**Beverages & Snacks**
- Organic Cleansing Spice Tea $4 with refills
- Kombucha Rose or Green Tea $4
- Voss Sparkling Water $4/$6
- Snacks $4 each or 3 for $10
  - Almonds, Chocolate, Cherries, Miso

**sauna**
$26 for up to 2 hours
optional $3 robe rental

$115 for 6 visits