

löyly

sauna

\$26 for up to 2 hours
optional \$3 robe rental

\$115 for 6 visits

add-ons:

Aromatherapy Foot Soaks \$13

Lavender: *soothing and relaxing*

Rosemary: *warming and invigorating*

Sage: *nurturing and reviving*

Lemon: *energizing and uplifting*

Spruce: *harmonizing and warming*

Seaweed Detox: *foot soak add-on \$5*

Packages

The Clean & Simple \$10

Single-use face mask, cleansing tea, and body salts.

The Head to Toe Package \$21

Aromatherapy foot soak, single-use face mask, tea and body salts.

The 3 Friends Package \$39 each

Includes sauna visit for up to 2 hours +
The Head to Toe Package.

Single-use Dr. Hauschka Face Masks \$4

Cleansing Clay

*For all skin types / beneficial
for oily or blemished skin*

Deep cleansing, absorbs excess oil and impurities, soothes inflammation, reduces appearance of blemishes.

Moisturizing

For dry, sensitive and mature skin

Rich, hydrating, helps repair dry sun-damaged or mature skin.

Rejuvenating

For all skin types

Versatile and nurturing. Revitalizes lackluster skin, reduces blemishes, pore size, softens skin, calms irritation, reduces redness.

Firming

For all skin types / beneficial to mature skin

Intensive firming treatment, minimizes fine lines, restores elasticity, strengthens collagen.

Soothing

For sensitive skin

Calms and balances red and irritated skin. Quince seed extract and witch hazel help restore moisture balance.

Body Salts \$3

For use in the hot shower area only

Lemon & Spruce

Rosemary & Mint

Spruce & Birch

Lavender & Bergamot

Beverages & Snacks

Organic Cleansing Spice Tea \$4
with refills

Kombucha Rose or Green Tea \$4

Voss Sparkling Water \$4/\$6

Snacks \$4 each or 3 for \$10
Almonds, Chocolate, Cherries, Miso